

Safety Protocol for COVID-19 responders residing in self-contained facilities

COVID-19 responders residing in the self-contained facilities shall strictly adhere to the following safety measures:

1. Use Druk Trace QR Code
2. Wear a face mask at all times
3. Wash hands with soap and water frequently or use alcohol-based hand sanitizer
4. Maintain physical distance (at least 1 meter) during meals, tea/coffee, while on duty and during meetings.
5. Practice cough etiquette (cover mouth while sneezing & coughing or flexed elbow)
6. Avoid touching face, mouth, nose, and eyes with unwashed hands
7. Refrain from bringing in family or friends to the containment facilities.
8. Avoid congregation at the entrance or exit,
9. Refrain from mixing with the other COVID-19 responder cohort.
10. Do not gather or socialize in the facility or room
11. Refrain from drinking alcohol and smoking,
12. The cooks/caterers to maintain hygiene while cooking, serving food etc.
13. Encourage the cook/caterers to serve food and discourage self-serving,
14. Do not eat food from same plate and mug,
15. Assign an individual to clean most frequently touched surfaces such as door knobs, arm chairs, tables, bed frames etc. twice a day.
16. Clean bathroom and toilet surfaces at least once daily using usual disinfectants
17. Disinfect or wash face shield after every use.
18. Dispose of the used gloves, faced masks and other wastes properly into a waste bin.
19. Self-monitor your health and immediately self-isolated if you develop signs and symptoms such as fever, cough, shortness of breath, loss of smell etc. and at the same time report to the National Surveillance Team @77441220/77441163) or call 2121.

Developed by: Rixin/Ugyen	Reviewed by: TAG	Approved by: Minister, MoH
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